

CURRICULUM VITAE**NAME:** Margaret Swarbrick, Ph.D., FAOTA**E-MAIL ADDRESS:** swarbrma@rutgers.edu; pswarbrick@cspnj.org**CITIZENSHIP:** USA**EDUCATION:***Graduate and Professional*

New York University New York City Doctor of Philosophy	2005
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New York University New York City Master of Arts, Occupational Therapy	1996
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Undergraduate

Kean College of New Jersey Union New Jersey Bachelor of Science, Occupational Therapy	1991
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Union County College Associates in Applied Science, Occupational Therapy Assistant	1986
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POST DOCTORAL TRAINING:

Advanced Training and Research Fellowship
National Institute on Disability and Rehabilitation Research (H133P050006)
Rutgers School of Health Professions (*formerly UMDNJ*)
Department of Psychiatric Rehabilitation and Counseling Professions
October 2005-September 2008

EMPLOYMENT/WORK EXPERIENCE:

Associate Director of the Center for Alcohol and Substance Use Studies, Rutgers
Graduate School of Applied and Professional Psychology
3/2021-present

Director, Practice Innovation and Wellness
Rutgers University Behavioral Healthcare
Piscataway New Jersey
5/2016-2/2021

Wellness Institute Director
Collaborative Support Programs of New Jersey, Inc. (CSPNJ)
Freehold, NJ
1/2004-present

Associate Director
CSPNJ
7/2000-1/2005

Quality Improvement Director
CSPNJ
1/1998-7/2000

Senior Occupational Therapist
Morristown Memorial Hospital, Morristown, NJ
1993 -1998

Staff Occupational Therapist
Marlboro Psychiatric Hospital, Marlboro, NJ
1991 - 1996

Certified Occupational Therapy Assistant
Marlboro Psychiatric Hospital, Marlboro, NJ
1986-1991

ACADEMIC APPOINTMENTS:

Rutgers Graduate School of Applied and Professional Psychology,
Research Professor, March 2021-present

Rutgers School of Health Professions
Department of Psychiatric Rehabilitation and Counseling Professions
Adjunct Associate Professor
July 2016-February 2021

Clinical Associate Professor
July 2014- June 2016

Clinical Assistant Professor
October 2008-June 2014

Adjunct Faculty
2002-2005

Union County College
Adjunct Faculty, Occupational Therapy Assistant Program
1991-2003

Kean University
Adjunct Faculty, Occupational Therapy Program
2000-2003

New York University
Teaching Fellow, Occupational Therapy Program
1993-1994

AFFILIATE

Affiliate, Rutgers Center of Alcohol and Substance Use Studies
Graduate School of Applied and Professional Psychology
Rutgers, The State University of New Jersey
May 2019-February 2021

CONSULTING:

Policy Research Associates
Programs to Achieve Wellness (PAW)
9/2015-2018

Program Evaluation/Quality Improvement Consultant

Bridgeway Inc.
Elizabeth, NJ
3/2008- 5/2016

Dartmouth Psychiatric Research Center
Lebanon, New Hampshire
January 2011- 2016

Westat
Lebanon, New Hampshire
2017-2020

Vanguard Communications
Washington, DC
January 2010- 2013

CERTIFICATION:

Occupational Therapist, Certification # 585274
National Board for Certification in Occupational Therapy Inc.
Initial Certification: 2/27/1991
Renewal Date: March 31, 2021

HONORS AND AWARDS:

Collaborative Support Programs of New Jersey, *Tribute Award*, for decades of innovation and dedication to the field of peer-led leadership in the behavioral health field
November 10, 2020

New Jersey Association of Mental Health and Addiction Agencies, *Outstanding Leadership and Innovation*
October 2020

New Jersey Psychiatric Association
Citizen of the Year
November 16, 2014

Lionel Aldridge Champion Award
National Alliance on Mental Illness (NAMI)
June 28, 2013

Fellow of the American Occupational Therapy Association (FAOTA)
American Occupational Therapy Association (AOTA)
April 28, 2012

Carol Mowbray Early Career Research
USPRA (now PRA)
June 14, 2010

Mort Gati Award to acknowledge a career embodying principles and values of Psychiatric Rehabilitation
New Jersey Psychiatric Rehabilitation Association (NJPRA)
November 14, 2008

Karen Stern Award for Advocacy in Mental Health

Occupational Therapists of the Mental Health Partnership of New Jersey & Metropolitan
New York District
March 7, 2008

Special Recognition Award –for outstanding contribution to the inclusion and
collaboration of consumers and family members in gaining understanding of the
challenges, meaning and values in implementing real transformation to a recovery and
wellness oriented mental health system in New Jersey
National Alliance on Mental Illness, New Jersey (NAMINJ)
November 10, 2007

New Jersey Occupational Therapy Association (NJOTA)
2007 Award of Merit in Mental Health
October 28, 2007

Leadership Award
Mental Health Association in New Jersey, Evening of Excellence
June, 2007

Courage and Compassion Award. Leadership in Fostering Recovery Award
New Jersey Association of Mental Health Agencies
May 2, 2007

Certificate of Appreciation, Wellness and Recovery Transformation Stakeholder
Participation Process, State of New Jersey Department of Human Services
Division of Mental Health Services
March, 2007

Certificate of Recognition in Appreciation of Contribution and Commitment to the Field
NJRA
June 21, 2006

Certificate of Appreciation
Morris County Public Forum for Consumers and Families
May 31, 2006

Appreciation award for expanding the limits of our knowledge on consumer-run
organizations through a doctoral dissertation and for bringing the NJ consumer provider
movement to international attention through publications and presentations
Consumer Provider Association of New Jersey (CPANJ)
March, 2006

Professional recognition award in appreciation for dedication and inspiring work in
wellness and recovery on behalf of the mental health consumers in New Jersey
Coalition on Mental Health Consumer Organization of New Jersey (COMHCO)
February 24, 2006

Award in Recognition of Outstanding Contributions and Dedication to the Profession-
1986-1994
NJOTA
October, 1994

Certificate of Appreciation
NJOTA
October, 1994

SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS, COMMITTEES:

1. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS). Older Adults Living with Serious Mental Illness Expert Panel: Strategies to Address Behavioral Health Workforce Needs. May 16, 2018.
2. National Research Council of the National Academies, Division of Behavioral and Social Sciences and Education Board on Behavioral Cognitive and Social Sciences. Committee on the Science of Changing Behavioral Health Social Norms. Opportunities and Strategies to Promote Behavior Change in Behavioral Health Workshop. Invited panel presenter: *Peer Counselor: Wounded Healer Please Apply*. April 15, 2015.
3. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS). BRINGING RECOVERY SUPPORTS TO SCALE, *Technical Assistance Center Strategy (BRSS TACS)*, Invited expert for the Virtual Expert Panel on *Peer Roles in Integrated Primary and Behavioral Health Care Settings*, July 23-24, 2013.
4. U.S. Department of Health and Human Services, SAMHSA, CMHS. “*Building on Common Ground for Wellness -Prevention, Recovery, and Resilience Communities Coming Together*” Bethesda, MD, April 24-25, 2013.
5. U.S. Department of Health and Human Services, SAMHSA, CMHS. *A Dialogue on Psychopharmaceuticals in Behavioral Healthcare*, Rockville, MD, October 11-12, 2012.
6. National Association of State Mental Health Program Directors (NASMHPD) Medical Directors Technical Report Meeting on *Consumer Involvement in State Operated Behavioral Health Services*, Arlington, Virginia, June 21-22, 2010.
7. U.S. Department of Health and Human Services, SAMHSA, CHMS, *Wellness, Prevention, and Self Care Dialogue Meeting*, Bethesda, MD, December 15-16, 2009.
8. U.S. Department of Health and Human Services, SAMHSA, CMHS. *Training, Recovery, Transformation and Public Service Psychiatry*, Rockville, MD, October 5-6, 2009.
9. U.S. Department of Health and Human Services, SAMHSA, CMHS, *Invited Contributor for Building Bridges, Mental Health Consumers and Employers In Dialogue*, Bethesda, MD, September 23-24, 2008.
10. National Association of State Mental Health Program Directors Research Institute, Inc., and U.S. Department of Health and Human Services, SAMHSA, CMHS, *Primary Care Assessment and Wellness Indicators*, Alexandria, Virginia, June 17-18, 2008.
11. U.S. Department of Health and Human Services, SAMHSA, CMHS, Planning Committee Members and Presenters for the *National Wellness Summit for People with Mental Illnesses*, Rockville, MD, September 17-18, 2007.
12. National Institute on Disability and Rehabilitation Research (NIDRR), Invited Expert Participant for the Adult Mental Health Panel, May 30, 2007.
13. SAMHSA Grant Reviewer, Community Action Grants, 1998-2002.

SERVICE ON JOURNALS/PUBLICATIONS:

Associate Editor

American Journal of Psychiatric Rehabilitation, 2015-2020

Editorial Boards

Journal of Psychosocial Nursing and Mental Health Services 2008-present

Psychiatric Rehabilitation Journal, 2006 –present

AdHoc Reviewer

Psychiatric Services, 2010- present

American Journal of Psychiatric Rehabilitation, 2006-2015

Co- Editor

Words of Wellness, a publication of Collaborative Support Programs of New Jersey, Institute for Wellness and Recovery Initiatives. A monthly publication designed to bring useful information to readers, whether pursuing recovery themselves, supporting recovery in clients or family members, helping to administer and change our mental health and related services system, or researching the field and educating future practitioners; 2008-present.

Peer Connections, a quarterly e-newsletter, developed by CSPNJ and MHANJ, designed to connect persons in recovery, public, and private mental health provider agencies, government officials, and policy makers to issues surrounding the creation of a peer workforce and its impact on the transformation of the mental health service delivery system; 2009-2012.

RESEARCH GRANTS**Principal Investigator**

DMHAS – Transformation Transfer Initiative NASMHPD, Caregiver Wellness PI:
Swarbrick, April 2017-December 2018.

Development of Health Promotion Toolkit for Behavioral Health Homes for Peer Support Specialists and CT-R implementation and sustainability in BHHs, 2018-2019.

Transformation Transfer Initiative (TTI), funded through the National Association of State Mental Health Program Directors (NASMHPD), “Development of Training for a Peer Specialist Role, Wellness Coach”, December 2008- March 2010 ; April, 2011-December 2011; & March 2012-2014.

University of Medicine and Dentistry of NJ (UMDNJ) Foundation: Exploring the subjective experience of non-adherence to prescribed psychiatric medication. 2007-2009

Co-Investigator**Rutgers University**

CIRCLE Peer Talk Discussion Groups (CIRCLE: Colleague Involved in Reaching Colleagues through Listening and Empathy). Peer Support Approaches to Bolster Physician Well-Being during the COVID-19 Era and Beyond. PI: Dr Brazeau. Co PIs Dr Chen, Dr Manasa, & Swarbrick, June 2020- present

Effects of Short-Term Self-Care Training on the Well-Being of Staff in an Applied Behavior Analysis Setting, PI: Dr Massey; Co PIs, Frances, Paone, Swarbrick, January 2021- present.

Perceived Effectiveness of Online Teaching Strategies by Occupational Therapy Assistant Students, PI; Dr Benaroya; McKernan, George and Swarbrick, September 2021-present.

Effect of Traditional vs. Non-Traditional Psychosocial Fieldwork Placement on Occupational Therapy Assistant Students' Attitudes Towards Working with Individuals with Mental Illness, PI; Dr Benaroya; Co PIs, Zechner, Murphy, Cimmino, Swarbrick. December 2020-present.

University Illinois Chicago (UIC)

University Illinois Chicago (UIC) National Research and Training Center, National Institute on Independent Living and Rehabilitation Research, National Research and Training Center, Swarbrick, Co-Director, Solutions Suite; PI Dr Cook, October 2020-present

- ***RCT of Building Financial Wellness Curriculum, October 2020-present***
- *Healthy ReStart: National Web Survey on the Status of Adults with Psychiatric Disabilities, Intervention Development, & Pilot RCT, October 2020-September 2022*
- *National Survey on the Health Status of the Certified Peer Specialist Workforce, October 2021-September 2023*
- *Healthy ReStart to Life After COVID-19 and Beyond, October 2021-September 2023*
- *Promoting a Healthy Lifestyle: On the Road to a Tobacco-Free Life; & Kick Start Your Immunity, October 2022 to September 2025*
- *Peer Telehealth Navigator Manual, October 2023 to September 2025*

Kean University: Co Investigator/Mentor

Exploring Sleep Habits and Routines for Individuals with Mental Disorders During COVID-19, PI: Monique Schulmann. Faculty mentors Dr Gardner and Swarbrick, June 2020- present

Yale: Consultant

Consultants, R34 Peer Wellness Grant Number: 5R34MH117188 - 02 PI: Dr. Bellamy, 2018-present

Consultant/co-investigator for Increasing Healthcare Choices and Improving Health Outcomes Among Persons with Serious Mental Illness, P.I.: Chyrell D Bellamy, Ph. D; Patient Centered Outcomes Research Institute, I.D. #:IH-1304-7294, 2013-2016.

Co-investigator with Kathleen M. Pike, PhD on Perspectives on the International Classification of Diseases (11th revision); Using lived experience to improve mental health diagnoses in the United States: *INCLUDE – US Study*. This project is examining mental health service user's perception of what is written in the new guide, with the intention of examining overarching views as well as language used, aspects that may be helpful or unhelpful, and suggestions for improvement. We compiled a report for the World Health Organization., October 2017- 2019.

Preventive Medical Services Amongst Persons in NJ Public Mental Health Programs, P.I.: Lois Rockson, 2012-2019

UIC National Research and Training Center, National Institute on Independent Living and Rehabilitation Research, National Research and Training Center, Co-Director Solutions Suite *UIC Center on Self-Directed Recovery and Integrated Health Care*, PI: Dr. Judith Cook, October 2015-September 30, 2020.

Consultant for National Institute of Mental Health Administrative Supplement to Peer-led Healthy Lifestyle Program in Supportive Housing (3R01MH104574-03S1; PI: Cabassa). 9-2016-6-2017.

Stakeholder Advisory Committee of the PCORI-funded project: Comparative Effectiveness of Adaptive Pharmacotherapy Strategies for Schizophrenia. Scott Strop, PI 2015-2018.

Member of The Data Safety and Monitoring Committee for NIMH funded project, *A PeerLed, Medical Disease Self-Management Program for Mental Health Consumers*, Principal Investigator, Dr. Druss, June 2011- 2017.

UIC National Research and Training Center, National Institute on Disability and Rehabilitation Research, National Research and Training Center, *Health Screening Project*; Principal Investigator, Dr. Judith Cook, October 2010-2014.

UMDNJ Foundation; Peer Employment Support Study, 2008- 2011.

UMDNJ Foundation; Illness Management and Recovery, 2006- 2009.

National Institutes of Mental Health, for the project entitled “*RAISE: Recovery After Initial Schizophrenia Episode*”; HHSN-271-2009-00019-C; Consultant 2009.

NIMH R 34 “*Treating Internalized Stigma in Adults with Severe Mental Illness*”; consultant, 2008-2009.

NIH funded project, *Ethical Issues in Behavioral Health Research*, The Center for Health Care Ethics-Saint Louis University, faculty, 2002-2004.

OTHER SCHOLARSHIP/RESEARCH PUBLICATIONS:

Refereed Original Article in Journal

1. Gardner, G., **Swarbrick, M.**, Dennis, S., Franklin, M., Pricken, M., & Palmer, K. (2021) Sleep Habits and Routines of Individuals Diagnosed with Mental and/or Substance-Use Disorders, *Occupational Therapy in Mental Health*, DOI: [10.1080/0164212X.2021.1877592](https://doi.org/10.1080/0164212X.2021.1877592)
2. **Swarbrick M.**, Fogerite SG, Spagnolo AB, Nemece PB. Caregivers of People With Disabilities: A Program to Enhance Wellness Self-Care. *J Psychosoc Nurs Ment Health Serv.* 2021 Jan 13:1-8. doi: 10.3928/02793695-20210107-04. Epub ahead of print. PMID: 33440011.
3. Nemece PB, **Swarbrick M.**, Spagnolo A, Brandow CL. Nudges to Support Health and Wellness for Individuals Served by Behavioral Health Programs. *J Psychosoc Nurs Ment Health Serv.* 2021 Jan 1;59(1):21-28. doi: 10.3928/02793695-20201015-03. Epub 2020 Oct 23. PMID: 33095264.
4. Jonikas, J. A., Cook, J. A., **Swarbrick, M.**, Nemece, P., Steigman, P. J., Boss, K., & Brice, G. H., Jr. (2020, submitted). The impact of the COVID-19 pandemic on the mental health and daily life of adults with behavioral health disorders. *Translational Behavioral Medicine.*
5. Mulry, C., Gardner, J., Swarbrick, M., Maltempi, O., Ramirez, M., DiMaiuta, A., & Wollny, K. (2020) Feasibility of the Let’s Go Mobility Program for Community Dwelling Adults with Mental Disorders, *Occupational Therapy in Mental Health*, 36:4, 307-329, DOI: [10.1080/0164212X.2020.1825151](https://doi.org/10.1080/0164212X.2020.1825151)
6. Marrone, J., & **Swarbrick, M.** Long-Term Unemployment: A Social Determinant Under addressed Within Community Behavioral Health Programs. *Psychiatric Services.* March 2020. <https://doi.org/10.1176/appi.ps.201900522>.
7. Zechner, M., Lundquist, MC., **Swarbrick, M.**, Wey, M. (2020). Care2Caregivers: A Retrospective Examination of Needs Addressed and Services Provided by a Peer Support Helpline. *Journal of Psychosocial Nursing and Mental Health Services.* 2020;58(10):13-16; <https://doi.org/10.3928/02793695-20200817-04>
8. Wetzler, S., Hackmann, C., Peryer, G., Clayman, K., Friedman, D., Saffran, K., Silver, J., **Swarbrick, M.**, Magill, E., van Furth, EF., Pike, KM (2020). A framework to conceptualize personal recovery from eating disorders: A systematic review and qualitative meta-synthesis of perspectives from individuals with lived experience. *International Journal of Eating Disorders.* 2020; 1– 16. <https://doi.org/10.1002/eat.23260>
9. Brandow, C. L., **Swarbrick, M.**, & Nemece, P. B. (2020). Rethinking the causes and consequences of financial wellness for people with serious mental illnesses. *Psychiatric Services.*
10. Saraiya, T., **Swarbrick, M.**, Franklin, L., Kass, S., Campbell, A., & Hien, D. Perspectives on trauma and the design of a technology-based trauma-informed intervention for women receiving medications

- for addiction treatment in community-based settings. *Journal of Substance Use Treatment*. p92–10. Published online: January 25, 2020.
11. Hackmann, C., Balhara, Y. P. S., Clayman, K., Nemeč, P. B., Notley, C., Pike, K., Reed, G.M. Sharan, P., Rana, M. S., Silver, J., **Swarbrick, M** Zeilig, H., & Shakespeare, T. (2019). Perspectives on the INternational CLAssification of Diseases, 11th Revision (ICD-11); an international qualitative study to Understand and improve mental health Diagnosis using expertise by Experience: INCLUDE Study. *The Lancet Psychiatry*. [<https://ueaeprints.uea.ac.uk/69891/>]
 12. Rockson L, **Swarbrick, M**, Pratt C. [Cancer Screening in Behavioral Health Care Programs](#). *J American Psychiatric Nurses Assoc*. 2019 Oct 3:1078390319877227. doi: 10.1177/1078390319877227
 13. **Swarbrick, M.**, Bohan, MC., Gitlitz, R., & Hillis, M (2019). [Peer Health Navigators Support Individuals with an Opioid Use Disorder Transitioning from Prison](#). *Drug and Alcohol Dependence*, Volume 203, 1 October 2019, Pages 88-91.
 14. Gardner, J., **Swarbrick, M.**, Kearns, D., Suero, L., Hardner, P., Moscoe, E., o'Toole, P., & Rutledge, J. Exploring sensory preferences community dwelling adults living with mental disorders. *American Journal of Psychiatric Rehabilitation*, volume 21, numbers 3-4, Fall-Winter 2019.
 15. Bochicchio, L., Stefancic, A., Gurdak, K., **Swarbrick, M.**, Cabassa, L. (2018). We're all in this Together": Peer-specialist Contributions to a Healthy Lifestyle Intervention for People with Serious Mental Illness. *Administration and Policy in Mental Health and Mental Health Services Research*. DOI:10.1007/s10488-018-0914-6.
 16. **Swarbrick, M.**, & Noyes, S. (2018), Guest Editorial: Effectiveness of occupational therapy services in mental health practice, *American Journal of Occupational Therapy*, 72 (1-4).
 17. **Swarbrick, M.**, Nemeč, PB, Brandow, CL, Spagnolo, A. (2018). Strategies to Promote Walking Among Community-Dwelling Individuals With Major Mental Disorders. *Journal of Psychosocial Nursing and Mental Health Services*, Mar 1;56(3):25-32. doi: 10.3928/02793695-20171205-0
 18. Gardner, J., **Swarbrick, M.**, Ackerman, A., Church, T., Rios, V., Valente, L., & Rutledge, J. (2017). Effects of Physical Limitations on Daily Activities Among Adults With Mental Health Disorders: Opportunities for Nursing and Occupational Therapy Interventions. *Journal of Psychosocial Nursing and Mental Health Services* 55(10), 45-51. doi:10.3928/02793695-20170818-05
 19. **Swarbrick, M.**, Wilson, L., Becker, D., Swanson, S., Reese, S., & Bond, G. (2017). The role of the family advocacy team in sustaining supported employment. *Journal of Vocational Rehabilitation*, 47(1), 13-17. doi:10.3233/JVR-170879.
 20. **Swarbrick, M.** (2017). Peer-Led Treatment. In A. Wenzel (Ed.), *The SAGE encyclopedia of abnormal and clinical psychology* (pp. 2511-2512). Thousand Oaks, CA: SAGE Publications. doi: 10.4135/9781483365817.n1008
 21. Cohn, J., Kowalski, K. Z., & **Swarbrick, M.** (2017). [Music as a Therapeutic Medium for Occupational Engagement: Implications for Occupational Therapy](#). *Occupational Therapy in Mental Health*, 0(0), 1–11. <https://doi.org/10.1080/0164212X.2016.1248311>
 22. Smoyak, S. A., **Swarbrick, M. A.**, Nowik, K., Ancheta, A., & Lombardo, A. (2017). [Consumers of Mental Health Services: Their Knowledge, Attitudes, and Practices About High Energy Drinks and Drugs](#). *Journal of Psychosocial Nursing & Mental Health Services*, 55(4), 37–43. <https://doi.org/10.3928/02793695-20170330-06>.
 23. **Swarbrick, M. A.**, Cook, J. A., Razzano, L. A., Jonikas, J. A., Gao, N., Williams, J., & Yudof, J. (2017). [Correlates of Current Smoking Among Adults Served by the Public Mental Health System](#). *Journal of Dual Diagnosis*, 13(2), 82–90. <https://doi.org/10.1080/15504263.2017.1296603>
 24. Rogers, S. & **Swarbrick, M.** (2016). Peer-delivered services: Current trends and innovations. *Psychiatric Rehabilitation Journal*, Vol 39(3), 193-196. <http://dx.doi.org/10.1037/prj0000223>
 25. Cook, J. A., Razzano, L., Jonikas, J. A., **Swarbrick, M. A.**, Steigman, P. J., Hamilton, M. M., ... Santos, A. B. (2016). [Correlates of Co-Occurring Diabetes and Obesity Among Community Mental Health Program Members With Serious Mental Illnesses](#). *Psychiatric Services (Washington, D.C.)*, 67(11), 1269–1271. <https://doi.org/10.1176/appi.ps.201500219>
 26. Gill, K. J., Zechner, M., Zambo Anderson, E., **Swarbrick, M.**, & Murphy, A. (2016). [Wellness for life: A pilot of an interprofessional intervention to address metabolic syndrome in adults with serious mental illnesses](#). *Psychiatric Rehabilitation Journal*, 39(2), 147–153. <https://doi.org/10.1037/prj0000172>

27. Jiménez-Solomon, O. G., Méndez-Bustos, P., **Swarbrick, M.**, Díaz, S., Silva, S., Kelley, M., ... Lewis-Fernández, R. (2016). [Peer-supported economic empowerment: A financial wellness intervention framework for people with psychiatric disabilities](https://doi.org/10.1037/prj0000210). *Psychiatric Rehabilitation Journal*, 39(3), 222–233. <https://doi.org/10.1037/prj0000210>
28. Olker, S. J., Parrott, J. S., **Swarbrick, M. A.**, & Spagnolo, A. B. (2016). [Weight management interventions in adults with a serious mental illness: A meta-analytic review](https://doi.org/10.1080/15487768.2016.1231643). *American Journal of Psychiatric Rehabilitation*, 19(4), 370–393. <https://doi.org/10.1080/15487768.2016.1231643>
29. Rockson, L. E., **Swarbrick, M. A.**, & Pratt, C. (2016). [Cancer Screening Among Peer-Led Community Wellness Center Enrollees](https://doi.org/10.3928/02793695-20160219-06). *Journal of Psychosocial Nursing and Mental Health Services*, 54(3), 36–40. <https://doi.org/10.3928/02793695-20160219-06>
30. Swarbrick, M., Gill, K. J., & Pratt, C. W. (2016). [Impact of peer delivered wellness coaching](https://doi.org/10.1037/prj0000187). *Psychiatric Rehabilitation Journal*, 39(3), 234–238. <https://doi.org/10.1037/prj0000187>
31. **Swarbrick, M.**, & Nemece, P. B. (2016). [Supporting the Health and Wellness of Individuals With Psychiatric Disabilities](https://doi.org/10.1891/2168-6653.30.3.321). *Rehabilitation Research, Policy, and Education*, 30(3), 321–333. <https://doi.org/10.1891/2168-6653.30.3.321>
32. **Swarbrick, M.**, Tunner, T. P., Miller, D. W., Werner, P., & Tiegreen, W. W. (2016). [Promoting health and wellness through peer-delivered services: Three innovative state examples](https://doi.org/10.1037/prj0000205). *Psychiatric Rehabilitation Journal*, 39(3), 204–210. <https://doi.org/10.1037/prj0000205>
33. Nemece, P., **Swarbrick, M.**, & Legere, L. (2015). Prejudice and discrimination from mental health service providers. *Psychiatric Rehabilitation Journal*, 38(2), 203–206. <http://dx.doi.org/10.1037/prj0000148>
34. Cook, J. A., Razzano, L. A., **Swarbrick, M.**, Jonikas, J. A., Yost, C., Burke, L., ... Santos, A. (2015). [Health risks and changes in self-efficacy following community health screening of adults with serious mental illnesses](https://doi.org/10.1371/journal.pone.0123552). *PloS One*, 10(4), e0123552. <https://doi.org/10.1371/journal.pone.0123552>
35. Davis, K., **Swarbrick, M.**, Krzos, I. M., Ruppert, S., & O'Neill, S. (2015). [Health literacy training: A model for effective implementation and sustainability](https://doi.org/10.1037/prj0000166). *Psychiatric Rehabilitation Journal*, 38(4), 377–379. <https://doi.org/10.1037/prj0000166>
36. Nemece, P. B., **Swarbrick, M. A.**, & Merlo, D. M. (2015). [The Force of Habit: Creating and Sustaining a Wellness Lifestyle](https://doi.org/10.3928/02793695-20150821-01). *Journal of Psychosocial Nursing and Mental Health Services*, 53(9), 24–30. <https://doi.org/10.3928/02793695-20150821-01>
37. Razzano, L. A., Cook, J. A., Yost, C., Jonikas, J. A., **Swarbrick, M. A.**, Carter, T. M., & Santos, A. (2015). [Factors associated with co-occurring medical conditions among adults with serious mental disorders](https://doi.org/10.1016/j.schres.2014.11.021). *Schizophrenia Research*, 161(2–3), 458–464. <https://doi.org/10.1016/j.schres.2014.11.021>
38. **Swarbrick, M.**, Rockson, L., Pratt, C., Yudof, J., & Nemece, P. (2015). [Perceptions of Overall Health and Recency of Screenings](https://doi.org/10.1080/15487768.2015.1001703). *American Journal of Psychiatric Rehabilitation*, 18(1), 5–18. <https://doi.org/10.1080/15487768.2015.1001703>
39. Brice, G. H., **Swarbrick, M. A.**, & Gill, K. J. (2014). [Promoting wellness of peer providers through coaching](https://doi.org/10.3928/02793695-20130930-03). *Journal of Psychosocial Nursing and Mental Health Services*, 52(1), 41–45. <https://doi.org/10.3928/02793695-20130930-03>
40. Luciano, A., Drake, R. E., Bond, G. R., Becker, D. R., Carpenter-Song, E., Lord, S., **Swarbrick, M.**, Swanson, S. J. (2014). [Evidence-based supported employment for people with severe mental illness: Past, current, and future research](https://doi.org/10.3233/JVR-130666). *Journal of Vocational Rehabilitation*, 40(1), 1–13. <https://doi.org/10.3233/JVR-130666>
41. Legere, L., Nemece, P. B., & **Swarbrick, M.** (2013). [Personal narrative as a teaching tool](https://doi.org/10.1037/prj0000030). *Psychiatric Rehabilitation Journal*, 36(4), 319–321. <https://doi.org/10.1037/prj0000030>
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A listing of invited Keynotes, Workshops and panels is available upon request.