

Lorraine Y. Howard

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EDUCATION

PhD Candidate – Rutgers School of Social Work Expected Graduation	2023
Masters in Social Work – Rutgers, The State University of New Jersey	2008
Bachelor of Arts – Rutgers School of Social Work	1996

LICENSES

Licensed Clinical Social Worker (LCSW)- New Jersey #44SC05490200
Licensed Clinical Alcohol and Drug Counselor (LCADC)- New Jersey #37LC00167800
Licensed Masters Social Worker (LMSW)- Texas #52261

RESEARCH INTERESTS

Racial and community trauma; intersection of addictions and neuroscience; adolescent and young adult development; culturally competent social work practice; translational research.

PEER REVIEWED CONFERENCE PRESENTATIONS

Howard, L.Y., Moore-Bembry, N., & Blunt-Carter, M. (2020, November). The Development of Cross Cultural Awareness through Cultural Humility. Council on Social Work Education Annual Conference. Leading Critical Conversations: Diversity, Equity & Inclusion, Denver, Colorado.

Howard, L.Y., Moore-Bembry, N., & Blunt-Carter, M., (2020, September). Culturally Relevant Clinical Work in Addiction Treatment: Moving Beyond Cultural Competence. NAADAC, the Association for Addiction Professionals Annual Conference and Hill Day: Learn, Connect, Advocate, Succeed, Washington, D.C. Accepted

Blunt-Carter, M., Moore-Bembry, N., & **Howard, L.Y.** (2019, October). Dismantling the Ethnocentric Worldview through Intercultural Sensitivity and Cultural Humility. Council on Social Work Education Annual Conference. Social Work Education: Looking Back, Looking Forward, Denver, Colorado.

Blunt-Carter, M., Moore-Bembry, N., & **Howard, L.Y.** (2019, April). The challenge of an ethnocentric worldview in social justice: Can we talk? Presented at the 9th Annual Learning Institute Global Well-Being and Social Change Conference, Lancaster, Pennsylvania.

Howard, L.Y., & Glick, K. (2018, June). Intercultural themes in addiction treatment: A clinical view. Key note speaker at the Rutgers Center of Alcohol Studies Summer School of Addiction Studies Creating Change Through Connection: Working with Multicultural Populations Conference, Piscataway, New Jersey.

Findley, P., Guerin, T., **Howard, L.Y.**, McCoyd, J., & Shdaimah, C. (2018, November). Navigating barriers to IPE from above and below in large university systems. Presented at the Council on Social Work Education Annual Conference. Expanding Interprofessional Education to Achieve Social Justice, Orlando, Florida.

Howard, L.Y., & Hiraldo, B. (2018, March). Field, The signature pedagogy of social work education: Importance of integrating self-care. Presented at The Grand Challenges of Political Change. The Association of Baccalaureate Social Work Program Directors (BPD) Annual Conference, Atlanta, Georgia.

Howard, L.Y., & Glick, K. (2017, June). Intercultural themes of social work: a clinical view. Presented at the Rutgers School of Social Work Challenging Racial Disparities: Poverty, Race & Addictions Conference, New Brunswick, New Jersey.

Howard, L.Y. (2004). Family violence prevention program. Presented at the New Jersey Conference on Child Abuse and Neglect, New Jersey.

INVITED & CONTINUING EDUCATION PRESENTATIONS

Howard, L.Y., (2020, June). Cultural Humility: Considerations in Addiction Treatment. Invited to present at the Rutgers School of Social Work Fourth Annual Challenging Racial Disparities Conference, Piscataway, New Jersey.

Howard, L.Y., (2019, June). The intersection of race and addictions: Challenges and opportunities. Presented at the Rutgers School of Social Work Third Annual Challenging Racial Disparities Conference: A Call to Action, Piscataway, New Jersey.

Howard, L.Y., (2018, June). Culturally relevant clinical work: Does it really matter? Presented at the Rutgers Center of Alcohol Studies Summer School of Addiction Studies Creating change through connection: Working with multicultural populations Conference, Piscataway, New Jersey.

Howard, L.Y., (2018, June). Clinical supervision: Confronting common challenges. Presented at the Rutgers Center of Alcohol Studies Summer School of Addiction Studies Creating Change Through Connection: Working with Multicultural Populations Conference, Piscataway, New Jersey.

Howard, L.Y., (2018, June). Racial identity development & the therapeutic alliance: can we really talk? Presented at the Rutgers School of Social Work Second Annual Challenging Racial Disparities Conference: A Call to Action, Piscataway, New Jersey.

Howard, L.Y., (2017, June). Understanding the signature pedagogy of social work education: benefits & challenges of supervision in field education. Presented at Rutgers School of Social Work, Office of Field Education Workshop, Camden, New Jersey.

Howard, L.Y., (2017, June). Addiction professional leadership initiative. Presented at the Division of Mental Health and Addiction Services Training Workshop, in partnership with Rutgers Center of Alcohol Studies, Trenton, New Jersey.

Howard, L.Y., (2011). "What to expect: working with dual diagnosed clients". Presented at the Annual Catholic Charities New Jersey Conference, New Jersey.

Howard, L.Y., (2005). "Motivational interviewing overview" Presented at the New Jersey State Parole Board Workshop, New Jersey.

Howard, L.Y., (2005). "Family Violence Prevention Program" Presented at the New Jersey Conference of Battered Women, Deptford, New Jersey.

Howard, L.Y. (2004). "Domestic Violence". Presented at the Mental Health Association in Southwestern New Jersey Southern Region Children's Coordinating Council, New Jersey.

Howard, L.Y. (2002). "SMART Recovery Overview" Presented at Volunteers of America Delaware Valley Workshop, New Jersey.

TEACHING INTERESTS and EXPERIENCE

Graduate Courses

Clinical Assessment & Diagnosis, Rutgers University School of Social Work. On-line course.

Solution Focused Therapy, Rutgers University School of Social Work. Intensive weekend course.

Clinical Social Work Practice I, Rutgers University School of Social Work.

Theories of Personality and Psychopathology, Delaware State University. On-line course.

Evaluation of Practice: Clinical, Temple University.

HBSE: Understanding Addictive Behaviors, Rutgers University School of Social Work.

Case Management in Addictions Practices, Rutgers University School of Social Work. Hybrid course.

Biology of Addictive Behaviors (co-lead), Rutgers University School of Social Work. Hybrid course.

Clinical Social Work: Addictive Behaviors I (co-lead), Rutgers University School of Social Work. Hybrid Courses

Clinical Social Work: Addictive Behaviors II (co-lead), Rutgers University School of Social Work. Hybrid courses

HBSE: Addictive Behaviors Across the Lifespan, Rutgers University School of Social Work. Hybrid

Undergraduate Courses

Generalist Practice I, Rutgers University School of Social Work.

Communication in Social Work Practice, Temple University.

Social Work Policy & Services I, Rutgers University School of Social Work.

Social Work Policy & Services II, Rutgers University School of Social Work.

Professional Development Seminar, Rutgers University School of Social Work.

Bachelor's level Addiction Counselor Training Program, Rutgers University Center of Alcohol studies. (Camden & Piscataway campus) 2014-2016.

RESEARCH EXPERIENCE

McCoyd, J. & **Howard, L.Y.** (2016- present). Co-investigator on an approved research project looking at the experience of social work during an inter-professional education (IPE) event.

Howard, L.C. & Howard, L.Y. (2016 –present). Research Consultant. Gene Upshaw Players' Assistance Trust: Evaluation Study.

Howard, L.C. & **Howard, L.Y.** (August, 2012). *ALDA Inc. After-School Program*, Evaluation Report. Prepared for 21st Century Community Learning Center After-School Program (NC).

ACADEMIC EXPERIENCE

01/2019- present	Director of Addiction Education Rutgers, The State University of New Jersey Graduate School of Applied and Professional Psychology Center of Alcohol Studies	New Brunswick, NJ
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Oversee an addiction education and training program that provides extensive opportunities for professional development in addiction prevention and treatment best practices.

1/2015-
1/2019 **Teaching Instructor/Field Education Coordinator** New Brunswick, NJ
Rutgers. The State University of New Jersey
School of Social Work

Assign field placement to bachelor and graduate students and resolve problems within field placements, provide off-site supervision for BASW students, facilitate various workshops, build relationships with community agencies and teach both traditional and hybrid social work courses.

1/2017-
1/2019 **Coadjutant** New Brunswick, NJ
Rutgers, The State University of New Jersey
Center of Alcohol Studies

Provide course development and facilitate workshops for the NJ Division of Mental Health and Addiction Services staff and addiction professionals across NJ including: Addictions 101, Wellness workshops and various topics around professional development.

8/2014-
6/2016 **Coadjutant Offsite Field Instructor** Camden, NJ
Rutgers, The State University of New Jersey
School of Social Work

Provide supervisions for MSW and Bachelor level students to meet requirements for Social Work, MSW and/or Addictions license.

PRACTICE EXPERIENCE

01/2012-
Present **Therapist (Owner)** Cherry Hill, NJ
Jamii Counseling & Consulting LLC

Provide individual and group therapeutic counseling services, program evaluation and development, clinical supervision, staff training and LCSW & LCADC supervision.

01/2011-
12/2015 **Director** Voorhees, NJ
Message of Hope

Administrator of an adult outpatient program that provides intensive outpatient and outpatient treatment to adult men and women. Responsible for the overall operations of the program; which include administrative oversight, developing training protocols, quality assurance, program development, manage current contracts and development of additional funding opportunities, ensuring

compliance with local and state regulations, collaboration with community partners and participation in various county and state committees/groups to support advocacy and advancement of the addictions and mental health field.

06/2011-
12/2012 **Clinical Supervisor** (Independent Contractor) Blackwood, NJ
Juvenile Justice Commission Campus RCH

Contracted to provide clinical supervision for an adolescent residential substance abuse program serving 40 males who are committed or on probation status. Provided clinical consultation to Superintendent and clinical staff.

10/2010-
03/2012 **Program Supervisor** Trenton, NJ
Catholic Charities Diocese of Trenton

Director of an adolescent substance abuse program in that provides intensive outpatient and outpatient treatment to over 60 males and female adolescents. Responsible for the overall administration and clinical components of the program.

04/2000-
10/2010 **Volunteers of America Delaware Valley** Collingswood, NJ
Correction Services & Housing and Supportive Services Positions held:
Director of Substance Abuse 3/10-10/10

Assisted in development of a residential substance abuse program. Responsible for oversight of the clinical component of a 72 bed residential program and an outpatient addiction treatment program that services both male and female clients. Directly supervised 10 substance abuse counselors and provided staff training to enhance knowledge and skill in the field of substance abuse, co-occurring and trauma services. Also responsible for strategic planning, developing innovative programs and collaborating with other agencies to increase effectiveness of continuum of care. Provided co-occurring and trauma clinical sessions.

Consultant 06/2004-11/2005

Provided assistance to Housing and Supportive Services component. Responsibilities included: assistance in the development of a centralized data collection system, chaired data collection and grant writing committees and facilitated staff training.

Senior Treatment Coordinator 01/2004–11/2005

Developed and implemented a Family Violence Prevention Program targeting batterers, which included a Domestic Violence Outreach Program.

Responsibilities included developing program structure, grant writing, developing program specific policy & procedures, program budget, clinical group sessions, supervising treatment staff, conducting initial evaluations, and coordinating treatment schedule and quality assurance of program delivery, community education.

Treatment Coordinator 02/2002-01/2004

Coordinated the treatment component for 40-50 parolees in a Day Reporting Program. Responsible for the direct supervision of Case Management staff, quality assurance of initial assessments and its relationship to the development of service plans, developed and implemented in-service training component and staff development program, networked with other community agencies to develop alternative resources for treatment support and aftercare, implementation of core programs, quality assurance and staff certification, collected data to support research initiatives and trained agency staff “What Works Practices” & Core Curriculum. Trained and facilitated an intensive outpatient drug program.

Treatment Specialist 02/2001-02/2002

Supported Case Management Staff of 4 correctional facilities. Conducted visits to facilities, conducted approved treatment curriculum programming in correctional programs as needed, including intensive outpatient drug program, assisted with the development of accreditation protocols, conducted staff training, assured quality of program delivery and supported data collection efforts, assisted in the development of annual training schedule and participated as a member of VOADV’s research outcome committee.

Case Manager 04/2000-02/2001

Manage an average case load of 15-20 parolees: male and female, orient and assess all new clients via a standardized risk assessment, complete service plans, monitor and document client progress, identify and/or develop resources and link clients, facilitates scheduled workshops/programs/groups addressing client’s needs and work in conjunction with the employment counselor to develop employment opportunities and resolve job related problems. Facilitated intensive outpatient drug program and S.M.A.R.T. Recovery groups.

01/2009-
03/2010 **Licensed Social Work Counselor**
MD Anderson Cancer Center

Houston, TX

Assisted patients and families to cope more effectively with life changes that may occur with a cancer diagnosis and assisted in dealing with psychological or social barriers to their treatment. Also, developed and led a consult group which provided consultation to other social workers, physicians and other medical staff to effectively deal with patients with substance use issues.

06/2008- **Primary Therapist** Needsville, TX
01/2009 Fulshear Ranch Academy

Provided therapy in a holistic therapeutic learning community, where young women struggling with body image and boundary setting issues, addictions, post-traumatic stress disorder, low self-esteem, depression and school difficulties can find healing for their mind, body and spirit.

07/2005- **Clinical Supervisor** Blackwood, NJ
06/2008 Juvenile Justice Commission
Campus Residential Community Program

Developed site-specific policies and procedures and provided clinical supervision to substance abuse counselors and social workers in a residential substance abuse program serving 40 juvenile boys who are committed or on probation status.

08/1997- **Family Service Worker** Camden, NJ
04/2000 Camden County Council on Economic Opportunity
Head Start

Work to link the center, the family and related community resources and assist the family in its own efforts to improve the conditions and quality of family life.

PROFESSIONAL DEVELOPMENT

June 2019 Mini Event-related potentials (ERP) Boot camp. Rutgers University Graduate School of Applied and Professional Psychology Center of Alcohol Studies

SERVICE

Committee member. Psychology Continuing Education Advisory Board. Rutgers University Graduate School of Applied and Professional Psychology Office of Professional Development and Continuing Education. 2019-present

Committee member. Susan G. Komen African-American Health Equity Collective. An initiative to reduce African-American breast cancer disparities by 25% in five years, starting in the 10 U.S. cities where the inequities are greatest. New Jersey 2018

Grant Reviewer. Susan G. Komen Central and South Jersey raises funds to make grants to nonprofit organizations offering breast health and breast cancer-related projects to medically underserved individuals through its community grants program. New Jersey 2018, 2019, 2020

Panelist. To Kneel or Not to Kneel: Sports, Activism and Social Justice. Rutgers, The State University of New Jersey Camden. 2018.

Panelist. Inter-professional Education (IPE) Day. Crucial Conversations in Camden. Cooper Medical School of Rowan University. 2017

Engaged Civic Learning Faculty Fellow. Rutgers University Office of Civic Engagement Camden. New Jersey 2017.

Committee member. Race conference: Challenging Racial Disparities: Poverty, Race & Addictions. Rutgers, The State University of New Jersey School of Social Work 2017.

Developed. Appreciation Luncheon to honor the partnerships the field education department has with community agencies and field liaison. 2015, 2016.

Developed. Self-Care: From Student to Professional workshop. Rutgers University School of Social Work. 2015, 2016.

Co-facilitator. Inter-professional Education groups to help guide students from law, medicine, nursing and social work to focus on a collaborative approach to patient care, with emphasis on team interaction and communication. 2015, 2016.

Board Member-Treasure. Breath of Life, Inc. A non-profit organization that provides health and well-being through the promotion of holistic social services to the community. 2016- Present.

Board Member-General Manager. South Jersey Fire Cheerleading, Board member- General manager/fundraising. A non-profit cheerleading organization committed to developing successful young athletes with focus on physical fitness, psychological well-being, community service and lifelong lessons within a safe, fun and positive environment. 2016-present.

Committee member. Self-Care and Safety. Field Education Faculty looking at ways to build self-care and safety into the field education experience for student on all 3 campuses. New Jersey 2015.

Committee member. The 3rd Annual Rutgers and Cooper Medical School of Rowan University Inter-Professional Education Day "Crucial Conversations". New Jersey 2015.

Committee member. Revision of New Jersey Substance Abuse Monitoring System (NJSAMS), New Jersey Division of Addiction Services, 2013.

Committee member. Development of Batterer's Program Standards, New Jersey Coalition for Battered Women, 2004