

### From the Director's Desk

Denise Hien, Ph.D., ABPP

Welcome to our 8th edition of broadCAST. We hope you will enjoy meeting our Community Advisory Board and learning about the accomplishments of faculty, including Dr. Bauer,

Dr. DiBello and the Lee Lab team at the Gerontological Society. We have highlighted some important topics, including increased drinking among women during COVID and combatting structural inequities in research. The Journal continues to disseminate important research on important topics that impact the field and society. We hope to see you at the Emerging Addiction Conference April 29 and at the WinR Conference on June 10 at the Busch Campus Center.

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## In The News



### Women's Increased Drinking During COVID pandemic

In January 2022, a [CNN report](#) was published detailing the effect of the pandemic on specifically women's alcohol consumption, and came to the conclusion that it had increased in the last two years. [READ MORE](#)



### Combatting Structural Inequalities in Research

A recent article in the [New England Journal of Medicine](#) is highlighting how academic research, like so many structures in society, is set up to the disadvantage of historically underrepresented folks. [READ MORE](#)



## In The Center

### Dr. Angelo DiBello Honored

Dr. Angelo DiBello is the winner of the 2022 "Distinguished Scientific Early Career Contributions" award for the Society of Addiction Psychology (SoAP), American Psychological Association Division 50. This award is to be given annually to a member of SoAP who has had a doctoral degree for no more than 7 years. The award is to recognize distinguished early scientific contributions to the field of addictions. Dr. DiBello is an Assistant Professor at the Center of Alcohol & Substance Use Studies and the Applied Department of Graduate School of Applied and Professional Psychology. [READ MORE](#)

### Achievements by CAS Faculty and Affiliates!



### Dr. Bauer awarded Diversity Innovation Grant

Dr. Alexandria Bauer was awarded a Diversity Innovation Grant on Developing a Cultural Humility Toolkit for Mental Health Service Providers through the Inclusion, Diversity, Equity, and Advocacy (IDEA)



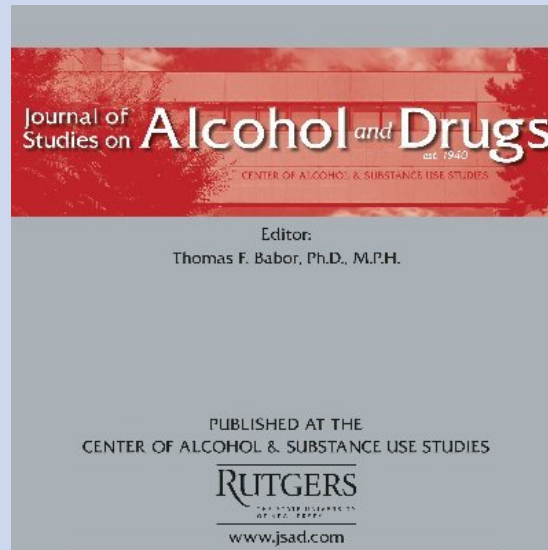
Innovation Grants Program at Rutgers. Cultural humility is defined as self-awareness of one's own cultural background, with an intentional focus and value for others' cultural values, identity, and experiences. This project aims to develop a resource toolkit to promote a sense of cultural humility among mental health service providers (e.g., psychiatrists, psychologists, counselors, social workers), with a spotlight on integration of these factors in clinical practice. [READ MORE](#)

## Lee Lab Presents at Gerontological Society

At the recent conference of the Gerontological Society of America in November 2021, Dr. Matthew Lee, of the Lifespan Development and Addiction Recovery Lab, and lab trainees Thomas Kwan, Will Boyd, and Annabel Kady presented a research-symposium talk and three research posters, all on the lab's studies investigating bidirectional relations between heavy/problem drinking and health problems across the adult lifespan. [READ MORE](#)



## Our Journal



### Journal of Studies on Alcohol and Drugs

Now in its 82nd year, the *Journal of Studies on Alcohol and Drugs*—published by the Center of Alcohol & Substance Use Studies—continues its place as one of the top journals in the substance-abuse field. Read exciting updates, highlights, and additional information about the journal. The [January 2022 issue](#) includes a few open access articles:

[\*Cannabis Company Adherence To Marketing Requirements\*](#)

[\*Designer Benzodiazepines and Sleep Disorders\*](#)

The new issue also includes a pressing publication entitled [Changes in Cannabis Consumption Among College Students During COVID-19](#), which our very own professor emeritus Helen R. White co-authored!



# In The Community

## CAS Community Advisory Board

The WinR program is working with a Community Advisory Board--an active and diverse group of expert partner stakeholders. Meet our CAB members! [READ MORE](#)



# In the Future

## SAVE THESE DATES:

April 21, 2022: [Annual CAS Poster Session](#)

April 29, 2022: [Emerging Addiction Conference](#)

May 19-20, 2022: [Harm Reduction Conference](#)

June 10, 2022: [Wellness in Recovery \(WinR\) Conference](#)

## Emerging Addiction Conference



Date: Friday, April 29, 2022  
Time: 9:00 am – 2:30 pm  
4 Continuing Education Credits  
Early Bird Fee: \$79.00 (Regular fee \$99.00)  
Registration: [Click here](#)



Keynote: Deni Carise, PhD

Chief Science Officer, Recovery Centers of America School of Medicine

*Addressing the Triple Threat of Stimulants, Opioids and Covid-19*

### Panel Discussion:

Culturally Driven Research Partnerships to Promote Wellness and Recovery Outcomes

Panelists: Alexandria Bauer, PhD, Crystal Brandow, PhD, Vincent A Digioia-Laird, Peggy Swarbrick, PhD, FAOTA

### Afternoon Workshop 1:

Breaking It Down: Understanding and Addressing Barriers to Mental Health and Substance Use Treatment Services

Presenter: Alexandria Bauer, PhD

### Afternoon Workshop 2:

Benzodiazepine Crisis: Challenges for Behavioral Healthcare Workers

Presenter: Emily J. Cook, LCSW

[For more information, click here!](#)

[DMHAS Scholarships are available click here!](#)

*Continuing education credits are approved for NJ Certified Counselors, Social Workers, Drug and Alcohol Counselors (CADC/LCADC), Public Health Professionals, and Psychologists!*



Rutgers Graduate School of Applied & Professional Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. Rutgers Graduate School of Applied & Professional Psychology maintains responsibility for this program and its content.

Rutgers Center of Alcohol & Substance Use Studies has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6619. Programs that do not qualify for NBCC credit are clearly identified. Rutgers Center of Alcohol & Substance Use Studies is solely responsible for all aspects of the programs.



LIMITED SEATS | EARN 10 CEU CREDITS

2 DAY

## Harm Reduction CONFERENCE

19 & 20 MAY 2022

Andrew Tatarsky, PhD  
Founder and Director  
The Center for Optimal Living

The Center of Alcohol  
& Substance Use Studies  
Piscataway, New Jersey

[cgeinstitute.org/integrative-harm-reduction-training](http://cgeinstitute.org/integrative-harm-reduction-training)

CO-ORGANIZED BY



# Save The Date!

More Information and Link for Registration to Follow!

**June 10th, 2022; 9:30EST-2:30EST**

**Supporting the Supporters:  
Collective Action Through Research and  
Advocacy  
CAS Wellness in Recovery Program (WinR) Conference**

Keynote: Supporting Family Supporters, Peer Providers and Professionals

Panel: Collective Action through Research and Advocacy-  
Community Engagement & Co-Production Approaches

WinR Poster Sessions & Community Building Activities





**NEW**

# Trauma & Substance Use Certificate Program

This self-paced certificate program is designed for behavioral health professionals who work with persons with co-occurring trauma and substance use issues in the social service field. Individuals completing this program will be recognized as achieving an advanced comprehensive training in trauma and substance use.

## Mini Certificate

\*2 years to complete

- Introduction: Trauma & Substance Use Disorders
- Legal & Ethical Considerations
- Assessment & Therapeutic Approaches I
- Assessment & Therapeutic Approaches II
- Crisis Intervention & Self-care

## Full Certificate

\*3 years to complete

- Mini courses
- Complex Trauma I
- Complex Trauma II
- DV/IPV
- Trauma & Substance Use within Different Groups
- Mind-Body Connection (Neurobiology)

\*Each course offers continuing education units

\$125 per course  
In person & virtual

Bundle Course Savings  
Mini Certificate - \$575  
Full Certificate - \$1150



*As a certificate holder, you will...*

Continue your professional development in a growing and changing field

Increase your awareness of the complex intersection of trauma-related symptoms, disorders, substance use, and the effect on individuals you work with

Enhance your training in trauma specific knowledge and skills to address complex issues that come from the intersection of trauma and substance use and meet individual needs

Become a well-trained professional to address the prevalence of trauma and substance use effectively

For additional information, please visit [alcoholstudies.rutgers.edu/education-training](http://alcoholstudies.rutgers.edu/education-training)



## In the Arts

Symbolizing the Hope in Recovery

The website for the Washington County (Maryland) Arts

Council is hosting a series of videos featuring artist statements about their work. For example, Linda Barnhart describes her piece—a portrait of a young woman which was painted on plaster that had been broken into pieces and glued to a canvas. Titled “Restoring the broken pieces,” the fractured portrait is described by Barnhart as indicative of the brokenness that comes with addiction and the process of recovery that puts a person’s life back together.



Rutgers Center of Alcohol & Substance Use Studies | [Website](#)